

The Holy Eucharist, Rite 2



In the morning, while it was still very dark, Jesus got up and went out to a deserted place, and there he prayed.

- Mark 1:35

THE FIFTH SUNDAY AFTER THE EPIPHANY FEBRUARY 4, a.d. 2024 at 10:15 a.m.





Welcome to Grace Episcopal Church. We are so delighted that you have chosen to worship in this place and in this community today. If you are new to Episcopal worship, this full-text bulletin has everything you need to participate.

Welcome Card. If you are new to Grace, we would love to have a record of your visit. There is a Welcome Card in the pew rack. Please fill out as much (or as little) information as you would like to share with us and place it in the offering plate when it comes by.

A Word about Communion. At the heart of our worship is Holy Communion, which we also call Holy Eucharist. We celebrate it every Sunday with bread and real wine. Please know that we practice an open table; *all Christians* (no matter what tradition you come from) are invited and encouraged to come forward and receive communion. On page 14, there are more details about how we practice communion at Grace.

Again, welcome! If you ever have any questions or thoughts feel free to call, text, or email me (620-314-7520; frted.grace@gmail.com).

Blessings, Father Ted Blakley, *Priest and Rector*





PRELUDE

"On Eagle's Wings" arr by Mark Hayes • Played by Vonda McKenna

By Michael Joncas, © 2001 New Dawn Music

WELCOME

PROCESSION INTO WORSHIP stand

O bless the Lord, my soul! His grace to thee proclaim! And all that is within me join to bless his holy Name!

O bless the Lord, my soul! His mercies bear in mind! Forget not all his benefits! The Lord to thee is kind.

He will not always chide; he will with patience wait; his wrath is ever slow to rise and ready to abate. "O Bless the Lord, My Soul" • Hymnal 411 Words: James Montgomery; Music: Lowell Mason

He pardons all thy sins, prolongs thy feeble breath; he healeth thine infirmities and ransoms thee from death.

He clothes thee with his love, upholds thee with his truth; and like the eagle he renews the vigor of thy youth.

The Liturgy of the Word

OPENING ACCLAMATION stand

The Book of Common Prayer 355

Celebrant: Blessed be God: Father, Son, and Holy Spirit.

People: And blessed be his kingdom, now and for ever. Amen.

THE COLLECT FOR PURITY

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA IN EXCELSIS *stand and sing together*

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God. Lamb of God. you take away the sin of the world:

have mercy on us; you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, **Iesus Christ**, with the Holy Spirit, in the glory of God the Father. Amen.

BCP 356 • Hymnal S-278

THE COLLECT OF THE DAY

Celebrant: The Lord be with you.

People: And also with you. Celebrant: Let us pray.

A moment of silence is observed.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

THE FIRST LESSON sit

Isaiah 40:21-31

A Reading from Isaiah

Have you not known? Have you not heard?

Has it not been told you from the beginning?

Have you not understood from the foundations of the earth?

It is he who sits above the circle of the earth,

and its inhabitants are like grasshoppers;

who stretches out the heavens like a curtain.

and spreads them like a tent to live in:

who brings princes to naught,

and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,

scarcely has their stem taken root in the earth.

when he blows upon them, and they wither,

and the tempest carries them off like stubble.

To whom then will you compare me, or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them, calling them all by name;
because he is great in strength, mighty in power, not one is missing.
Why do you say, O Jacob, and speak, O Israel,
"My way is hidden from the Lord,

and my right is disregarded by my God"?
Have you not known? Have you not heard?

The Lord is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary; his understanding is unsearchable.

He gives power to the faint, and strengthens the powerless.

Even youths will faint and be weary, and the young will fall exhausted;

but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles,

they shall run and not be weary, they shall walk and not faint.

The Word of the Lord.

Thanks be to God.

PSALM 147:1-12, 21c to be read in unison.

BCP 804

1 Hallelujah!

How good it is to sing praises to our God! * how pleasant it is to honor him with praise!

- 2 The Lord rebuilds Jerusalem; * he gathers the exiles of Israel.
- 3 He heals the brokenhearted *
- and binds up their wounds.
- 4 He counts the number of the stars * and calls them all by their names.

- 5 Great is our Lord and mighty in power; * there is no limit to his wisdom.
- 6 The Lord lifts up the lowly, * but casts the wicked to the ground.
- 7 Sing to the Lord with thanksgiving; * make music to our God upon the harp.
- 8 He covers the heavens with clouds * and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains * and green plants to serve mankind.
- 10 He provides food for flocks and herds * and for the young ravens when they cry.
- 11 He is not impressed by the might of a horse; * he has no pleasure in the strength of a man;
- 12 But the Lord has pleasure in those who fear him, * in those who await his gracious favor.
- 21 Hallelujah!

THE SECOND LESSON

1 Corinthians 8:1-13

A Reading from First Corinthians

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him.

Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords—yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist.

It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

The Word of the Lord. Thanks be to God.

GRADUAL HYMN stand

O for a closer walk with God, a calm and heavenly frame, a light to shine upon the road that leads me to the Lamb!

Where is the blessedness I knew when first I saw the Lord? Where is the soul-refreshing view of Jesus and his word?

Return, O holy Dove, return, sweet messenger of rest I hate the sins that made thee mourn, and drove thee from my breast. "O For a Closer Walk with God" • Hymnal 683 Words: William Cowper, Music: John Bacchus Dykes

The dearest idol I have known, whate'er that idol be, help me to tear it from thy throne, and worship only thee.

So shall my walk be close with God, calm and serene my frame; so purer light shall mark the road that leads me to the Lamb.

THE HOLY GOSPEL Mark 1:29-39

The Holy Gospel of our Lord and Savior Jesus Christ according to Mark Glory to you, Lord Christ

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord. **Praise to you, Lord Christ.**

THE SERMON Fr. Ted Blakley

THE NICENE CREED BCP 358

The Deacon (or Celebrant) bids the people to proclaim their faith. The Deacon begins the Creed and the people join in.

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.



For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The meaning and shape of our life together as a community of persons is grounded in the inner life of God, the Trinity, and has been revealed to us in the life, death, and resurrection of Jesus Christ.

Michael Jinkins

Father, we pray for your holy Catholic Church; That we all may be one.

Grant that every member of the Church may truly and humbly serve you;

That your Name may be glorified by all people.

In the world-wide Anglican Communion, we pray for The Anglican Church of South America, and in the Diocese of Western Kansas, for the people and clergy at St. Mark's Church in Lyons. For our Bishops, Michael, Mark, Mike, and Silvestre; for our parish clergy, Ted, Amy, Bill, Larry, Larry, Todd, and Shane. We pray for all bishops, priests, and deacons;

That they may be faithful ministers of your Word and Sacraments.

We pray for Joe our President, Laura our Governor, and for our representatives and judges. We pray for all who govern and hold authority in the nations of the world;

That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;

That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;

That they may be delivered from their distress.

We pray for those who have died. Give to the departed eternal rest.

Let light perpetual shine upon them.

We praise you for your saints who have entered into joy.

May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others. For Rachel, Valarie, Abigail, Carson, Elise, Steve, Becki, Ed, Bob, James, Wright, Dallas, Makayla, Ann, Lily, Jennifer, Jackie, Kris, Kent, Beth, Heather, Laural, Teresa, Rosalie, Trent, Daryl, Ame, Cody, Max, Wyatt, Josie, Darien, Christine, JD, Leanne, Roger, Ann, and Kelby. Are there others?

Let us pray for those confined to home or care center especially Mary, Nathalee, Julie, Ken, Fifi, Clarice, Jane, and Virginia.



For those prayers and thanksgivings received online: _____.

Celebrant adds a concluding collect.

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Father, Son, and Holy Spirit, now and for ever. **Amen.**

Let us confess our sins against God and our neighbor.

Silence may be kept

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart;

we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ,

have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

THE PEACE stand

Celebrant: The peace of the Lord be always with you.

People: And also with you.

HYMN stand

"Father, We Praise Thee, Now the Night is Over" • Hymnal 1

Words: Percy Dearmer

Father, we praise thee, now the night is over, active and watchful, stand we all before thee; singing, we offer prayer and meditation: thus we adore thee.

Monarch of all things, fit us for thy mansions; banish our weakness, health and wholeness sending; bring us to heaven, where thy saints united joy without ending.

All holy Father, Son, and equal Spirit, Trinity blessed, send us thy salvation; thine is the glory, gleaming and resounding through all creation.

The Liturgy of the Table

GATHERING OUR TITHES AND OFFERINGS

In gratitude for who God is and what God does, we give back to God a portion of what God has given to us so that God's mission through this place and this people might flourish. What you give today represents your life and your labors, your loves and loyalties, your joys and thanksgivings, and God receives it with gladness.





DIGITAL OFFERING PLATE: THREE SIMPLE WAYS TO GIVE

- ✓ Go to www.tinyurl.com/Giving2Grace
- ✓ Scan the **QR Code** on the right.
- ✓ Text **GIVE** to **620-542-8024**.

OFFERTORY sit

"My Soul Cries Out" (Canticle of the Turning) by Mark Hayes • Grace Choir
©2015 GIA Publications, Inc.

THE PRESENTATION OF OUR TITHES AND OFFERINGS stand

Hymnal 380 (v. 3)

Praise God, from whom all blessings flow; praise him all creatures here below; praise him above, ye heavenly host: praise Father, Son, and Holy Ghost. Amen.

Celebrant: All things come of Thee, O Lord.

People: And of Thine own have we given Thee.

THE GREAT THANKSGIVING: EUCHARISTIC PRAYER B

BCP 367

Sursum Corda ("Lift up your hearts...") stand

Celebrant: The Lord be with you.

People: And also with you.

Celebrant: Lift up your hearts.

People: We lift them to the Lord.

Celebrant: Let us give thanks to the Lord our God.

People: It is right to give him thanks and praise.

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Hymnal S-128

Celebrant and People

Holy, holy Lord, God of power and might, heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

We remember his death; We proclaim his resurrection; We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN**.

THE LORD'S PRAYER kneel

BCP 364

And now, as our Savior Christ has taught us, we are bold to say.

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses,

as we forgive those who trespass against us.

And lead us not into temptation, but deliver us from evil.

For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

THE BREAKING OF THE BREAD kneel

BCP 364

The Celebrant breaks the consecrated Bread.

A period of silence is kept, in reverent thanksgiving for what Jesus has done for us.

Celebrant: Alleluia. Christ our Passover is sacrificed for us. **People:** Therefore let us keep the feast. Alleluia.

FRACTION ANTHEM

"O Lamb of God" • Hymnal S-158

Healey Willan (1880-1968)

O Lamb of God, that takest away the sins of the world, have mercy upon us.

 $\boldsymbol{0}$ Lamb of God, that takest away the sins of the world, have mercy upon us.

O Lamb of God, that takest away the sins of the world, grant us thy peace.

JESUS' INVITATION

This is the Banquet of the Lamb. It is made ready for those who love God, And for those who want to love God more.

So, come, you who have much faith and you who have little, You who have been here often, and you who have not been here long, You who have tried to follow, and you who have failed.

Come because it is the Lord who invites you.

It is Christ's will that those who want him should meet him here.

ONLINE: THE PRAYER OF ST. ALPHONSUS DE LIGUORI (1696-1787)

A spiritual communion is a personal devotional that anyone can pray at any time to express their desire to receive Holy Communion at that moment, but in which circumstances impede them from actually receiving Communion.

My Jesus,

I believe that you are truly present in the Blessed Sacrament of the Altar.

I love you above all things, and long for you in my soul.

Since I cannot now receive you sacramentally,

come at least spiritually into my heart.

As though you have already come,

I embrace you and unite myself entirely to you;

never permit me to be separated from you. Amen.

IN-PERSON: HOLY COMMUNION IN ONE OR BOTH KINDS

At this time, an usher will come forward and invite each row to go forward for communion. **Bread.** When it is your turn to receive communion simply extend your cupped hands forward, and a priest will place the wafer of bread in your hands. **Gluten Free.** If you would prefer a gluten-free wafer, extend your hands palms down. **Real Wine.** If you wish to receive the wine, you may drink from the chalice or you may dip the wafer into the chalice. **Two Stations.** You may choose to receive communion at the altar rail or at the station on the right side in front of the pulpit.

The Body of Christ, the bread of heaven. Amen.

The Blood of Christ, the cup of salvation. Amen.

COMMUNION HYMN sit

"Peace Before Us" • WLP 791

Words: David Haas Music: David Haas ©1987 GIA Publications

Peace before us, peace behind us, peace under our feet.

Peace within us, peace over us, let all around us be peace.

Love before us, love behind us, love under our feet. Love within us, love over us, let all around us be love.

Light before us, light behind us, light under our feet. Light within us, light over us, let all around us be light.

Christ before us, Christ behind us, Christ under our feet. Christ within us, Christ over us, let all around us be Christ.

POSTCOMMUNION PRAYER kneel as able

BCP 365

Celebrant and People

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING

PROCESSION INTO THE WORLD *stand* "Immortal, Invisible, God Only Wise" • Hymnal 423 Words: Walter Chalmers Smith, Music: John Roberts

Immortal, invisible, God only wise, in light inaccessible hid from our eyes, most blessed, most glorious, the Ancient of Days, almighty, victorious, thy great Name we praise.

Unresting, unhasting, and silent as light, nor wanting, nor wasting, thou rulest in might; thy justice like mountains high soaring above thy clouds, which are fountains of goodness and love.

To all life thou givest, to both great and small; in all life thou livest, the true life of all; we blossom and flourish, like leaves on the tree, then wither and perish; but nought changeth thee.

Thou reignest in glory, thou rulest in light, thine angels adore thee, all veiling their sight; all laud we would render: O help us to see 'tis only the splendor of light hideth thee.

SENDING FORTH INTO GOD'S MISSION FIELD

The Deacon bids the people to go forth into the world in mission, using the following or some other dismissal.

Deacon: Let us go forth into the world, rejoicing in the power of the Spirit.

People: Thanks be to God.



ALTAR FLOWERS

Today, the altar flowers are given by Tess and Brian Egbert in memory of loved ones.

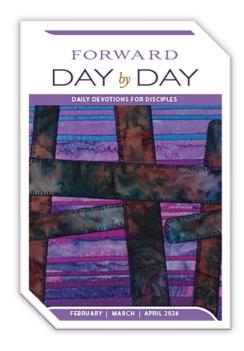
YOUTH GROUP DINNERS

Sign Up in the Narthex

Sign up to bring dinner for our youth groups. Meals can be simple. Drinks and desserts are appreciated, but not required. We eat at 6:30 pm, and we invite those who prepare the meal to join us for dinner. It is a great way to get to know our youth!

Upcoming Dates Available: February 7 & 28





PICK UP THE NEW FORWARD DAY BY DAY

Forward Day by Day is a booklet of daily inspirational meditations reflecting on a specific Bible passage, chosen from the daily lectionary readings as listed in the Revised Common Lectionary or the Daily Office from *The Book of Common Prayer*.

PICK UP YOUR FREE COPY at the church in the Narthex or in the black box outside the carport doors. We have both small-print and large-print versions.

CAN WE HAVE ABOUT FIVE MINUTES OF YOUR TIME?

Fill Out On Paper or Fill Out Online



STARTING NEXT SUNDAY • FEBRUARY 11

Back by Popular Demand!!!





TEFAP: THE EMERGENCY FOOD ASSISTANCE PROGRAM

Sunday, February 4 • 2:00 to 3:30 pm

This program is for low-income people of all ages. TEFAP commodities are distributed on a first-come, first-served basis. There is no need to pre-register. You are not allowed to pick up boxes for anyone other than yourself. This institution is an equal opportunity provider.

COMMODITY DISTRIBUTION

COMMODITIES WILL BE DISTRIBUTED AT THE

KMS Warehouse, 3401 E. 4th
ON SUNDAY, FEBRUARY 4, 2024

FROM 2 to 3:30 P.M.

To be eligible for Commodities, your household's total monthly income must be below:

Household Size	Maximum Gross Monthly Income
1	\$1,580
2	\$2,137
3	\$2,694
4	\$3,250
5	\$3,807
6	\$4,364
7	\$4,921
8	*\$5,478
*For each additional family member add \$557.	







Mondays thru Thursdays 9:00 am to 1:00 pm



ONLINE PRAYER

12:30 pm • Mondays & Wednesdays	Centering Prayer (FB LIVE)
SUNDAY, FEBRUARY 4	
8:00 am	The Holy Eucharist, Rite 1 • Spoken
8:00 am 9:15 am	Sunday School
10:15 am	The Holy Eucharist, Rite 2 • Music
After 10:15 am Service	Fellowship Hour
MONDAY, FEBRUARY 5	
7:00 pm	Al-Anon
WEDNESDAY, FEBRUARY 7	
9:30 am10:00 am	The Holy Eucharist, Rite 1
10:00 am	Adult Bible Study
6:30 pm	Elementary and MS-HS Youth Groups
SUNDAY, FEBRUARY 11	



SCRIPTURES FOR NEXT SUNDAY • EPIPHANY 6

- 2 Kings 2:1-12
- Psalm 50:1-6
- 2 Corinthians 4:3-6
- Mark 9:2-9



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